



General Rehabilitation Program

No matter what challenge you are facing, our skilled and diverse team is ready to help you recover. Our inpatient program features many therapies, and is designed to get you back on your feet. We serve adult patients who are medically stable, but who need intensive therapy after an illness, injury or surgery. [Learn more about becoming a patient >](#)

While staying with us, you work with a talented multidisciplinary team. Our team includes specially trained nurses, physical therapists, occupational therapists, dietitians, social workers, speech-language pathologists, a therapy activity coordinator, and physiatrists. A physiatrist is a doctor who specializes in physical medicine and rehabilitation. We also have a hospitalist on staff, and hospital services are available to all patients 24 hours per day. Family members are an important part of our team and are encouraged to participate. Family members are welcome from the initial assessment to the daily treatment plan and discharge planning.

Program Recovery Goals

Our goal is to make sure each patient reaches their potential when recovering. To reach our goal, the physiatrist coordinates the efforts of a team of professionals. This team will help you identify and reach your goals. Common problems that can benefit from rehabilitation include:

- Balance and coordination impairments
- Inability to swallow
- Inability to move in bed or from one place to another
- Inability to walk
- Inability to perform activities of daily living such as eating, grooming, dressing, bathing, and homemaking
- Cognitive/perceptual deficits or speech/language problems, in conjunction with physical limitations
- Inability to work or function in the community due to physical impairment
- Weakness or limited motion in arms, legs, or trunk

Treatment Team

In addition to the physiatrist and rehabilitation nurses, the following team members are always available to participate in developing a patient's personalized plan of care:

- Physical therapists
- Occupational therapists
- Speech/language pathologists
- Social worker
- Physician consultants
- Registered dietitians
- Psychiatrist
- Respiratory therapists
- Wound nurse
- Orthotic/prosthetic specialists

Family members are an integral part of our team and are encouraged to participate from the initial assessment to the daily treatment regimen and discharge planning. [Learn more about our team >](#)

Medical Care

In addition to your core team, your medical care is directed by a doctor who is specially trained in rehabilitative medicine. Each patient will be assigned to a medical doctor who will assist the physiatrist in your overall care during your stay. This ensures medical stability and the best possible recovery.

Some common patient goals that the physician and nursing team strive work toward include:

- Medical stability
- Pain management
- Wound monitoring and prevention of skin breakdown
- Recovery of normal bladder and bowel function
- Education of patients and caregivers to promote functional independence
- Reintegration of the patient back to their community

In addition to our General Rehabilitation Program, we offer a Stroke Rehabilitation Program for more specialized care. [Learn more about our Stroke Rehabilitation Program >](#)

Services

Our program is focused around three main therapies: physical therapy, occupational therapy, and speech-language therapy. Specific treatment plans are tailored to the individual needs and goals of each patient. These services are structured to give patients the skills they need to get back home and into their community. All patients receive at least two of these therapies. Patients do at least three hours of therapy per day, five days per week.

- [Physical Therapy >](#)
- [Occupational Therapy >](#)
- [Speech-Language Therapy >](#)

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