# CO-OP NEWS

ISSUE 100 | SPRING 2017

#### www.northcoast.coop co-opnews@northcoast.coop

#### EDITOR Cassie Blom

Marketing & Membership Director (707) 822-5947 ext. 231 cassleblom@northcoast.coop

### **GRAPHICS & COORDINATION**

Zev Smith-Danford Graphic Design Coordinator (707) 822-5947 ext. 232 zevsmithdanford@northcoast.coop

Caitlin Fowler
Graphics & Marketing Assistant
(707) 822-5947 ext. 233
caitlinfowler@northcoast.coop

## COOPERATIVE OFFICES

811 | St., Arcata

#### GENERAL MANAGER

Melanie Bettenhausen (707) 822-5947 ext. 220 melanieb@northcoast.coop

#### MEMBERSHIP COORDINATOR

Nicole Chase (707) 822-5947 ext. 234 nicolechase@northcoast.coop

#### BOARD OF DIRECTORS

Mary Ella Anderson, Robert Donovan, James Kloor Colin Fiske, Ed Smith, Leah Stamper, Cheri Strong board@northcoast.coop

The Co-op does not officially endorse the services or products of any paid advertiser. All articles, columns and letters are the expressed opinion of the author and not the Co-op News.

#### LETTERS TO THE EDITOR

## Letter from the Editor

By Cassie Blom, Marketing & Membership Director

WELCOME TO YOUR NEW Co-op News! As you can already tell, our beloved publication has received quite the makeover. Not only have we made some significant changes to the Co-op News, but we are excited to be making our changes with our 100<sup>th</sup> issue. That's a lot of news from your co-op over the years!

The Co-op News has traditionally served many purposes. Its main function is to be a resource to the Co-op community, providing everything from important board news to recipes and goings on in the area. The Co-op is all about connection, and this publication has allowed us to stay connected to our members and shoppers; it has also served to connect the Co-op community

to important events and issues. The goals of the Co-op News remain the same. With our new, longer format, you will find even more ways to connect with your co-op and its larger community in each issue. You will also find more interesting tidbits, brighter photos, and more recipes. (Bonus: look for special member-only savings or giveaway information in each issue!)

Over the years, it has taken many forms, varying in length, publication schedule, distribution method, and content. We hope that this new quarterly iteration will inspire you to be more engaged with the Co-op News, whether you choose the online or print version. Happy reading!

## INSIDE

- 3 Discrimination Has No Place at the Co-op
- 4 Local Produce Guide
- 5 Finding Common Ground
- 6 Humboldt Senior Resource Center
- 6 Dream Quest's Garden to Teen Program
- 7 Meet Your Fellow Members: Elaine Hogan
- 8 Beet and Watercress Salad Recipe
- 9 New Member Benefit Launching April 15
- 10 Making Local Meaningful
- 12 Simple, Smart Savings
- 13 Access Regardless of Income
- 14 Reviving the Demo Program

- 14 Round Up for the Community
- 15 Financial Statements
- March Board Meeting Recap
- 17 Kids Corner
- 7 Member Survey
- 18 Sunshine Rice Cakes Recipe
- 19 WRRAP's Zero Waste Coffee Cart
- 20 May is Bike Month in Humboldt County
- 21 Win this Bike!
- 22 North Coast Co-op Management
- North Coast Co-op Board of Directors
- 23 Calendar of Events